



Pinellas Heat Elite

MIDDLE SCHOOL TRAINING



This program is designed for the middle school athlete that is unable to commit to the demands of the Club season as well as any current club players that can't get enough volleyball!



The girls will be coached by Suzy Llerena, Heat volleyball coach and also the coach for the JV team at Indian Rocks Christian School.



The program will be on Fridays, starting December 4th. The time is 6-9pm and the cost is only \$100 per month.

Schedule each Friday night:

6-7pm Instruction

7-8pm Team and Individual game play

8-9pm Fun Games and Challenge



Each Friday, Gio Llerena, Chaplain for the Tampa Bay Rays, will challenge the girls with a building block from John Wooden's Pyramid of Success. It will consist of those personal qualities necessary for achieving personal success.



Please go to heatvolleyball.com to fill out the registration form or call 727-418-6171 for any questions you might have regarding this program!



This program will greatly benefit your daughter, not only on the court but off the court as well! We look forward to working with you!!